



October is Domestic Violence Awareness Month. The following toolkit has been created for any organization that wants to reach the Latino community in order to raise awareness about domestic violence, but are not able to access tools that are culturally and linguistically appropriate due to lack of bilingual staff or budget.

Latinos in Virginia Empowerment Center offers this resource to be used in social media campaigns. Here you will find 31 posts containing information and statistics for each day of the month of October. We invite you to use the hashtags #latinosenvirginia and #DVAM2021



Day 1:

Domestic violence is a pattern of abusive behaviors used by a person intended to exercise power and control over another person in the context of an intimate or family relationship.



Day 2:

Domestic violence can be expressed in various ways:

- Emotional or Psychological Abuse
- Economic abuse
- Physical abuse
- Intimidation
- Sexual abuse



Day 3:

Am I in an abusive relationship?
Take our quiz and give us a call if you need to talk!

<https://tinyurl.com/cuestionarion-DV>



Day 4:

In what types of relationships does domestic violence occur?

Domestic violence does not discriminate, it can happen to anyone in any type of relationship:

- Spousal couples
- Adolescent couples
- LGBTQ + couples
- Adult children and parents seniors
- Unmarried couples
- Between family members



Day 5:

What is a healthy relationship?

A healthy relationship is based on love, trust, and mutual respect. Your partner makes you feel good, you communicate openly, you seek consensus, and you can be yourself without being afraid.

If you do not feel safe in your relationship, you are not alone. Help is available free, confidential, and in your language.



Day 6:

I'm not sure if I'm experiencing violence, what can I do?

You can call our Hotline (888) 969-1825 to speak with a Community Advocate about what is happening to you. All of our services are free and confidential, and can help you better understand your situation.



Day 7:

1 in 3 Latinas have experienced domestic violence in their lifetime.



Day 8:

1 in 12 Latinas have experienced domestic violence in the past 12 months.



Day 9:

Fewer than 3 in 10 Latinas have heard of intimate partner violence protective orders.



Day 10:

50% of Latinas who experience abuse never report it.



Day 11:

Reasons why Latinas do not report their cases of domestic violence:

fear and lack of trust in the authorities, shame, feelings of guilt, loyalty and / or fear of their partner, fear of being deported, previous experiences of victimization during their childhood.



Day 12:

Immigration status is a very common and powerful control mechanism used to force immigrant women to remain in abusive relationships.



Day 13:

41% of Latin@s believe the primary reason Latin@ victims may not come forward is fear of deportation



Day 14:

Due to barriers such as anti-immigrant laws, Latinas are 1/2 as likely to report abuse versus survivors from other ethnic/racial groups



Day 15:

63% of victims experience various types of victimizations.



Day 16:

Domestic violence in Latin@ communities is NOT a cultural tradition.



Day 17:

More than half of latinos in the United States know a victim of domestic violence.



Day 18:

In one study, 10% of pregnant Latinas reported physical violence during pregnancy by their partner



Day 19:

In the United States, 15.5 million children live in households that experience domestic violence.



Day 20:

49% of Latin@s under the age of 30 know a victim of domestic violence.



Day 21:

Latinas prefer to tell family members, female friends, or neighbors about their intimate partner violence, while non-Latinas may be more likely to tell health care workers or clergy.



Day 22:

More recent immigrant Latinas may not be as familiar with laws, options, and possibilities regarding their domestic violence experience.

In Virginia, there is help in your language.



Day 23:

Latinas report seeking assistance from local shelters less than women from other racial / ethnic groups; This is especially true for the group of Latina immigrant survivors.

But now in Virginia there is help in your language.



Day 24:

Many studies find that parents think children are unaware of domestic violence occurring in their homes.

Children are aware.



Day 25:

Threatening to take children away from Latinas if they leave is an especially powerful strategy some men use against undocumented, non-English speaking women.



Day 26:

Domestic violence can have negative impacts on victims, such as decreased confidence in themselves and others, physical illnesses, disabilities, fear, shame, poverty, etc.

Break the silence!



Day 27:

Latino victims use less formal support services due to language barriers, and cultural differences, fear and mistrust.

But now in Virginia there is help in your language.



Day 28:

Latino victims face obstacles to receiving help, such as fear of deportation, social isolation, misinformation and lack of knowledge about their legal rights, language differences, and limited knowledge of helping services in their language.

But now in Virginia there is help in your language.



Day 29:

The lack of culturally and linguistically appropriate services has been a barrier for many Latina survivors.

But now in Virginia there is help in your language.



Day 30:

October is Domestic Violence Awareness Month.

If you, or someone you know, needs help in Spanish, don't be afraid! Call us to chat.

Now in Virginia there is free and confidential help in Spanish.



Day 31:

Now in Virginia there is help in your language.
Domestic Violence Awareness Month.

Check our website for more resources: <https://www.latinosenvirginia.org/recursos>